



PROFILE

MA and M.Phil. qualified, RCI licensed Clinical Psychologist with over 3 years of experience in cognitive behaviour therapy, diagnostic/aptitude assessments and rehabilitations, Aditi is also EMDR certified and pursuing Ph.D. currently

WHAT PATIENTS SAY ABOUT ME...

"After every session I feel an instant shift within my nervous system. I also **feel heard, confident and validated** it...I feel easy to connect with her, and have also **recommended her to one of my friends...**"

"Aditi is a **thorough professional and listens to you** before going forward with treatment...Due to her treatment, I have observed **vivid shifts in myself while dealing with traumatic memories and anxiety attacks....**"

CONTACT

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ADITI BANSAL

LICENSED CLINICAL PSYCHOLOGIST
M.A., M.Phil., EMDR Certified, Pursuing Ph.D.

SERVICES

Therapy/ Counselling

Scientifically proven treatment plan that could help resolve issues such as stress, anxiety, depression, OCD, phobia, panic, grief/trauma and other **mental health issues for patients of all ages** (you, your kids, your parents, your grandparents)

Diagnostic Assessments

Experienced with conducting **all types of assessments, again for all age groups:**

- IQ Assessment
- Aptitude/Career Assessment
- Personality Assessment
- ADHD/Autism/ other diagnostic assessments

EXPERIENCE

Halfway Longstay Home, Department of Social Welfare, Delhi
Feb 2020 - Present

Private Consultant
Feb 2020 - Present

Visiting Clinical Psychologist, Baba Saheb Ambedkar Hospital, Delhi
May 2023 - Present

AIIMS, New Delhi (Department of Psychiatry)
Intern from June-July 2017

EDUCATION

M.Phil. in Clinical Psychology
PGIMS Rohtak, 2017-19

M.A. in Psychology
Delhi University, 2015-17

B.A. (Hons.) in Psychology
Delhi University, 2012-15